Do You Want To Become More Physically Active?

Weill Cornell Medicine's Division of Geriatrics and Palliative Medicine is conducting a study to test the effect of an innovative system designed to promote greater physical activity, well-being and social connectedness among older adults.

The study lasts 24 weeks (6 months) and requires 3 interviews. Financial compensation will be provided.

Eligibility:

- 65 years or older
- Speak English or Spanish
- Live alone
- Able to obtain physician's clearance to engage in physical activity

If interested, please call (212) 746-9956 or send an email to cob2014@med.cornell.edu